COMMONWEALTH OF KENTUCKY/ CCMSI INC. - REPORT OF MEDICAL STATUS

Employee Name:(First) (Middle Initial)	(Last)		f Injury/Illness:	,,,
Is this Injury/Illness Work Related: ☐ YES ☐ NO				
Diagnosis:				
TO BE COMPLETED BY ATTENDING PHYSICIAN - PLEASE CHECK				
I saw and treated this patient on and: 1. Recommend patient return to work with no limitations on (Date)				
2. Patient may return to work capable of performing the degree of work checked below with the following limitations: Please Note: If limitations are noted a time limit must be indicated in Item #3 below!				
PLEASE INDICATE DEGREE OF WORK	PLEASE INDICATE LIMITATIONS Restricted Activities May Perform Activity			
	Restricted Activities			Continuous
Sedentary Work: Exerting up to 10 pounds of force occasionally and/or a negligible amount of force frequently	% of Assigned Shift	(1-33%)	(34-66%)	(67-100%)
to lift, carry, push, pull or otherwise move objects,	Stooping			
including the human body. Sedentary work involves	Bending		_	
sitting most of the time, but may involve walking or standing for brief periods of time. Jobs are sedentary if	Lifting			
walking and standing are required only occasionally and	Reaching	Ш	Ц	Ш
all other sedentary criteria are met.	Pushing			
Light Work: Exerting up to 20 pounds of force	_			
occasionally, and/or a negligible amount of force	Pulling			
constantly to move objects. A job should be rated Light Work; (1) when it requires walking or standing to a	Walking			
significant degree; or (2) when it requires sitting most of	Standing	П	П	П
the time but entails pushing and/or pulling of arm or leg controls; and/or (3) when the job requires working at	Twisting			
a production rate pace entailing the constant pushing	Turning			
and/or pulling of materials even though the weight of	Stretching			
those materials is negligible. NOTE: The constant stress and strain of maintaining a production rate pace,	Kneeling			
especially in an industrial setting, can be and is				
physically demanding of a worker even though the amount of force exerted is negligible.	Climbing			
amount of force exerted is negligible.	Above Shoulder Lifts			
Medium Work: Exerting 20 to 50 pounds of force	Overhead Lifts			
occasionally, and/or 10 to 25 pounds of force frequently, and/or greater than negligible up to 10 pounds of force	Operation of Motorized			
constantly to move objects.	Vehicle/Equipment			
Heavy Work: Exerting 50 to 100 pounds of force	/Machinery			
occasionally, and/or 25 to 50 pounds of force frequently, and/or 10 to 20 pounds of force constantly to move objects.	OTHER SPECIAL RESTRICTIONS:			
Very Heavy Work: Exerting in excess of 100 pounds of force constantly and/or in excess of 50 pounds of force frequently, and/or in excess of 20 pounds of force constantly to move objects.				
(1) Occasional – Up to 2 ½ hours; (2) Frequent – Up to 5 ½ hours; (3) Continuous – More than 5 ½ hours Based on a 7.5 hour workday – with morning and afternoon breaks.				
☐ 3. These restrictions are in effect until or until patient is re-evaluated on				
☐ 4. These restrictions are PERMANENT .				
5. Patient is physically unable to return to work at this time. Patient will be re-evaluated on Physician's Signature: Date:				
Physician's Signature:				
AUTHORIZATION TO RELEASE INFORMATION				
I hereby authorize my attending doctor to release any information or copies thereof acquired in the course of my examination or treatment for the illness/injury identified above to my employer or representative.				
Patient's Signature:		Date	:	