



Workers' Compensation Challenges and Solutions

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WORKERS' COMPENSATION TRENDS IN THE TRANSPORTATION INDUSTRY

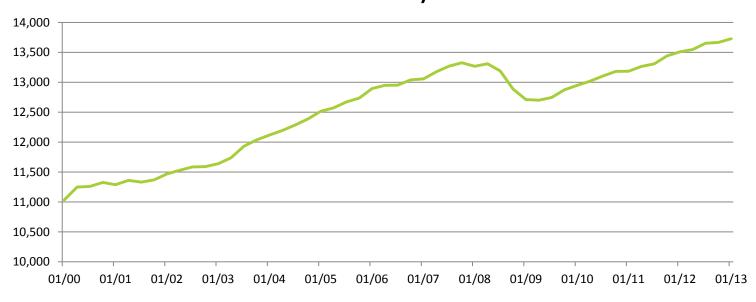
Vikas Shah, FCAS, CERA, MAAA Head Actuary, Pricing and ERM





After Recession, GDP Rebounded and Growing

Real GDP (annualized, seasonally adjusted, in billions)



Sources:

US Department of Commerce Bureau of Economic Analysis Federal Reserve Bank of St. Louis FRED

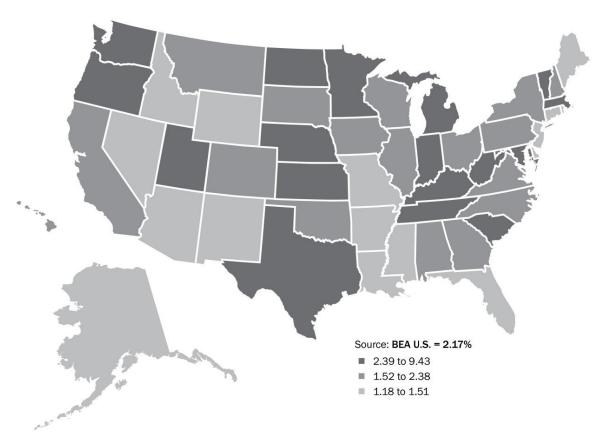






U.S. Real GDP Growth by State

Real GDP by state (chained dollars) - All industry total, 2009-2012 compound annual growth rate



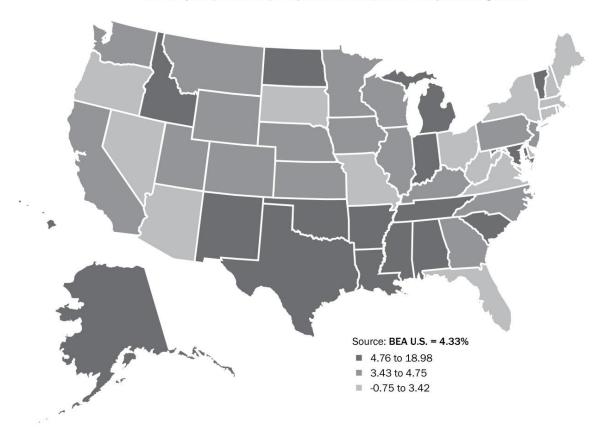






Transportation GDP Growing Faster than Overall

Real GDP by state (chained dollars) - Transportation and utilities, 2009-2012 compound annual growth rate









Cass Freight Indices (2000 – Present)

Cass Index, Expenditures and Shipments









Cass Freight Indices (2009 – Present)

Cass Index - Expenditures and Shipments

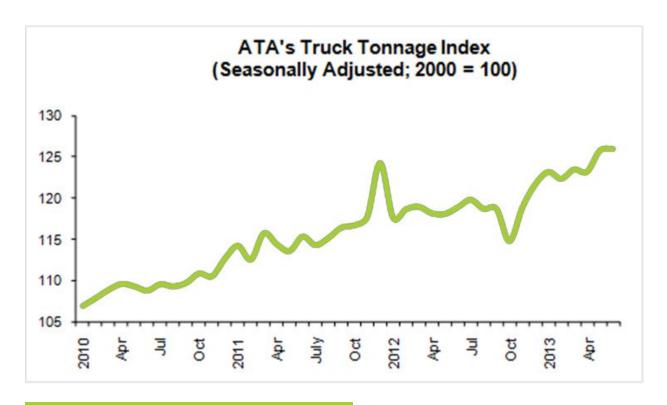








ATA Truck Tonnage Index



YTD increase (through June) of 4.7% over 2012

Sources: American Transportation Association Truck Tonnage Index







Truck Drivers Age Distribution vs. All Occupations

Age	All Occupations % of Persons	Truck Drivers % of Persons
16-19	3%	1%
20-24	9%	5%
25-34	22%	18%
35-44	21%	22%
45-54	23%	28%
55-64	16%	19%
65+	5%	6%
Median Age	42.3	45.7

Sources: bls.gov, "Employed persons by detailed occupation and age, 2012 annual averages"







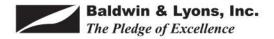
Incident Rate by Age

120000	All Inc	lustries	Truck Transportation		
Age	% of Persons	% of Incidents	% of Persons	% of Incidents	
16-19	3%	2%	1%	1%	
20-24	9%	10%	4%	5%	
25-34	22%	22%	17%	18%	
35-44	21%	23%	23%	22%	
45-54	23%	25%	31%	28%	
55-64	16%	15%	20%	19%	
65+	5%	3%	5%	6%	

Sources: bls.gov, "Employed persons by detailed industry and age, 2012 annual averages"

bls.gov, "Number of nonfatal occupational injuries and illnesses involving days away from work (1)

by selected worker and case characteristics and industry, All U.S., private industry, 2011 $\!\!^{\prime\prime}$







Transportation Industry Median Tenure vs. All Industries

Year	Median Tenure All Industries	Median Tenure Transportation/ Warehousing
2002	3.7	4.3
2004	4.0	4.7
2006	4.0	4.3
2008	4.1	4.6
2010	4.4	5.0
2012	4.6	5.3

Sources: bls.gov, "Employee Tenure in 2012"







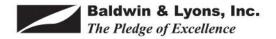
Incident Rate by Tenure

-	All Inc	lustries	Truck Transportation
Tenure	% of Persons	% of Incidents	% of Incidents
0-1	21%	28%	34%
2-5	32%	35%	34%
5+	47%	36%	32%

Sources: bls.gov, "EMPLOYEE TENURE IN 2012"

bls.gov, "Number of nonfatal occupational injuries and illnesses involving days away from work (1)

by selected worker and case characteristics and industry, All U.S., private industry, 2011"

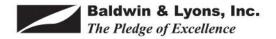






Impact of Expanding Economy

- Need more drivers
- Already experiencing large driver turnover
- HOS changes in effect
- Aging driver force compounds issue
- New drivers are less experienced
- Unfamiliar operations
- Claim frequencies will go up

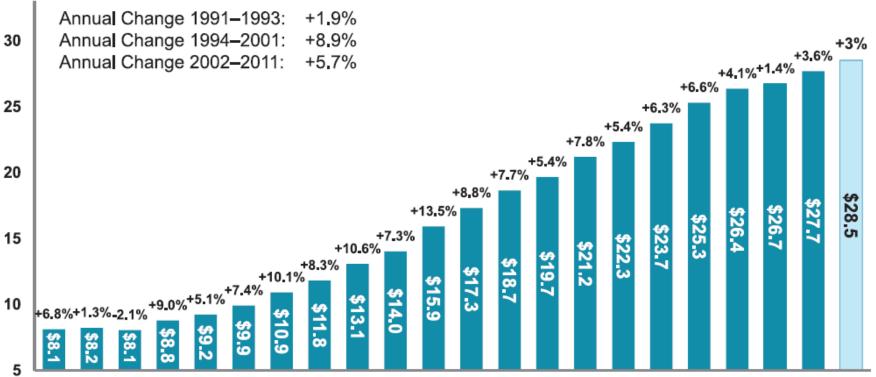




Workers Compensation Medical Severity— Modest Increase in 2012

Average Medical Cost per Lost-Time Claim

Medical Claim Cost (000s)



1991 1992 1993 1994 1995 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012p

Accident Year

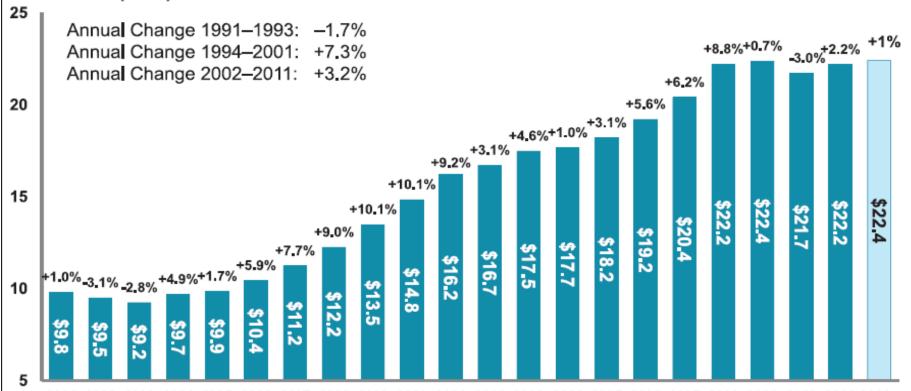
2012p: Preliminary based on data valued as of 12/31/2012
1991–2011: Based on data through 12/31/2011, developed to ultimate; excludes high deductible policies
Average severity for the states where NCCI provides ratemaking services, including state funds; excluding WV



Workers Compensation Indemnity Claim Costs—Small Increase in 2012

Average Indemnity Cost per Lost-Time Claim

Indemnity Claim Cost (000s)



1991 1992 1993 1994 1995 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012p

Accident Year

2012p: Preliminary based on data valued as of 12/31/2012
1991–2011: Based on data through 12/31/2011, developed to ultimate; excludes high deductible policies
Average severity for the states where NCCI provides ratemaking services, including state funds; excluding WV





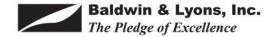
Baldwin & Lyons Saves on Claim Costs

Region	Industry Trucking Work Comp Costs		Protective Trucking Work Comp Costs		
	Average Medical	Average Indemnity	Average Medical	Average Indemnity	
Midwest	13,756	16,406	8,993	7,929	
Northeast	13,274	18,183	12,125	14,549	
Southeast	13,512	14,257	12,447	13,417	
West	10,258	8,611	10,141	9,234	
Total	12,637	13,519	10,710	10,734	

Baldwin & Lyons' total of 21,444 per claims is 18% less than industry total of 26,156!

Sources: National Council on Compensation Insurance (NCCI) Workstation

Latest 3 available report periods, Trucking class codes only







Savings on All Types of Claims

Cause	Industry Trucking Work Comp Costs			Baldwin & Lyons Trucking Work Comp Costs		
of Injury	% of Claims	Average Medical	Average Indemnity	Average Medical	Average Indemnity	% Difference
Strain	33%	11,277	14,538	10,411	12,162	-13%
Fall/Slip/Trip	25%	16,110	17,347	9,863	10,836	-38%
Struck By	13%	8,826	8,654	10,064	6,726	-4%
Motor Vehicle	9%	31,753	31,902	24,658	20,326	-29%
Misc. Causes	8%	8,697	9,434	8,891	7,510	-10%
Striking Against/Stepping On	5%	5,329	5,743	2,359	3,053	-51%
Cut/Puncture/Scrape	3%	3,881	2,399	2,083	1,526	-43%
Caught in Between	3%	8,102	7,437	6,144	1,361	-52%
Burn	1%	12,822	6,638	4,123	8,116	-37%

Sources: National Council on Compensation Insurance (NCCI) Workstation Latest 3 available report periods, Trucking class codes only



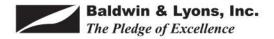




Largest Claims Result in Largest Savings

Loss Type	Industry Trucking Work Comp Costs			Baldwin & Lyons Trucking Work Comp Costs		
	% of Claims	Average Medical	Average Indemnity	Average Medical	Average Indemnity	
Medical Only	58%	1,068	0	1,080	0	
Temporary Total	26%	12,410	12,468	12,913	12,678	
Permanent Total, Permanent Partial, Fatal	16%	49,263	61,940	46,154	48,651	

Sources: National Council on Compensation Insurance (NCCI) Workstation Latest 3 available report periods, Trucking class codes only



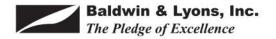




Another Look by Body Part Injured

Body Part		Industry Trucking Work Comp Costs			Baldwin & Lyons Trucking Work Comp Costs		
Injured	% of Claims	Average Medical	Average Indemnity	Average Medical	Average Indemnity	% Difference	
Upper Extremities	31%	9,960	12,250	9,326	10,142	-12%	
Lower Extremities	25%	9,946	10,500	6,107	6,709	-37%	
Trunk	23%	12,945	16,220	11,930	13,892	-11%	
Multiple Body Parts	10%	27,464	28,504	28,918	19,717	-13%	
Head	9%	10,708	6,541	4,938	5,303	-41%	
Neck	2%	21,044	26,727	29,768	19,766	4%	

Sources: National Council on Compensation Insurance (NCCI) Workstation Latest 3 available report periods, Trucking class codes only







WORKERS' COMPENSATION COST CONTAINMENT STRATEGIES

Michael Case, Vice President of Claims, General Counsel & Secretary



WC Challenges and Key Factors Driving Rising WC Costs



Utilization



Obesity



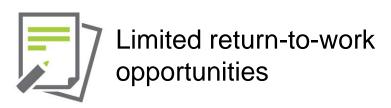
Prescription drug costs

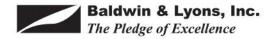


Tort costs



Aging workforce





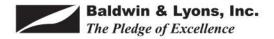




Actions Taken to Combat Rising Costs

Nurse Case Manager (NCM) Program:

- Supervised by our medical manager, our NCM program is a regional system staffed with fully licensed RN-BSNs in the various states
- With an emphasis on early intervention, nurses triage all lost time claims at day 14 and medical only claims with reserves over \$10,000
- Each nurse manages 40-50 claims to develop a comprehensive medical management strategy
 - This ensures the injured worker receives the appropriate and most cost effective medical treatment
 - Nurses also facilitate return-to-work plans on claims requiring disability management
 - The entire team participates and conducts medical roundtables and committees on claims with special handling or medical challenges







Actions Taken to Combat Rising Costs

Field NCM Referral Process

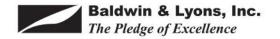
- Severity of injury, if claimant is hospitalized, failed/repeated surgeries, medical treatments without improvement, etc.
- Vetted panel of field NCMs
- Prior approval, limited engagement and NCM guidelines
- Bills are audited and approved by medical manager



Litigation Referral Process

- Vetted panel counsel
- Prior approval, limited engagement and attorney guidelines
- Bills are audited and approved by litigation manager



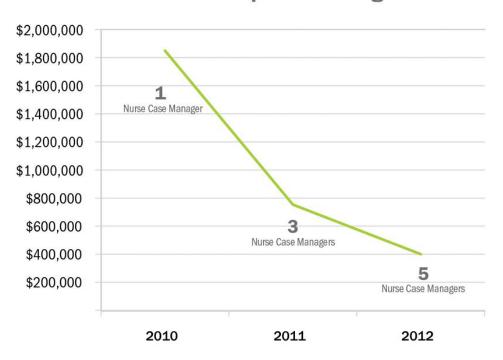




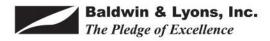


Actions to Combat Rising Costs (continued)

Field NCM Referral Process - LAE Expense Savings



In 2013 through the second quarter, our utilization review savings totaled \$2,051,854





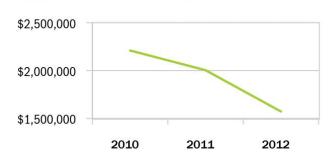


Actions to Combat Rising Costs (continued)

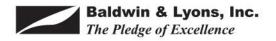
Litigation referral process/permanency & settlement review

- Vetted panel counsel/prior approval/limited engagement
- Bills are audited and approved by litigation manager
- All permanency awards/settlements must be approved

Litigation Defense Counsel Spending



- In 2012, our litigation permanency & settlement review savings totaled
 \$516,924
- In 2013, our savings through the second quarter totaled \$326,917

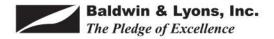






Actions to Combat Rising Costs (continued)

- Independent medical exam (IME) referral process
 - Vetted panel of IME doctors
 - Prep work performed by in-house NCMs
 - Mitigating costs of \$1,000 \$1,200 per referral
 - + Our IME savings in 2012 totaled \$181,000. Through the second quarter of 2013, our savings reached \$129,000.
- Medical inflation/average cost per lost time claim
 - Our average medical inflation from 2008 to 2011 was 2.71% versus the NCCI average of 3.925% over the same period





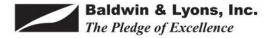


Predictive Modeling













Benchmark Against the Predictive Duration

Required Values			
CD-9-CM Code:	847	th.	51.2 Days
Sprains and Strains of	of Other and I	Unspecified Pa	rts of Back
Age:	50		+15.9 Days
Gender:	Male	-	+1.9 Days
Job Class:	Very He	avy 📧	+1.8 Days
Co-existing Medical (Conditions		
Primary:	278.01		+55.8 Days
Secondary:	401		+8.5 Days
Tertiary:	305.1		+48.2 Days
Other Factors			
Worker's Comp:	Yes 💌		+13.4 Days
Inside U.S.:	Yes - W	/ithin U.S.	0 Days
Region by Zip Code:	90210		
U.S. Region:	West		-18.9 Days
Predicted Days of Di	sability		
	Calcula	ate Clear	177.7 Days
		N TRENDS	
ICD-9-CM: 8	47		
Cases Mean	Min Max	No Lost Time	Over 6 Months
24534 48	0 259	0.0335%	

Example: 50 year-old male
 with lumbar sprain, very
 heavy job class with obesity,
 hypertension, smoker that lives
 in California



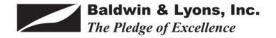






Return-to-Work (RTW) Solution

- CareWorks USA Modified Duty Off-Site (MDOS) Program
 - Assists employers in returning their employees back to work by temporarily placing an employee with restrictions at a local non-profit organization.
 - Employees perform tasks and job duties within their physician-documented restrictions while continuing the rehabilitation necessary to transition back to their original job.
 - MDOS results in decreased lengths of disability, which in turn means direct cost savings and cost avoidance for our employees.
 - Placement success rate is 94%
 - Mid-range of lost time days saved per case is 59.5 days (1 to 119 days)
 - 79% successful RTW, 11% terminated for cause or violation of written work policy and 4% refuse participation
 - Average time to secure a placement is 48 hours
 - Average time from referral to MDOS start date is 8.6 days





Continuous Improvement

- CA MPN Network controls medical costs in California
- California Certification
 - 160 hours of training
 - 4 super users
 - 4 certified handlers
- 24/7 Ask a Nurse Program prevents/reduces claims



Baldwin & Lyons and PMSI

Creating a Value-Based Partnership

August 19, 2013





Introductions

PMSI Presenter





Topics of discussion

- PMSI company overview
- Pharmacy spend in workers' compensation
- PMSI cost containment approach
 - Lowest effective drug cost
 - Proactive clinical management
- Why PMSI?
- Questions and answers



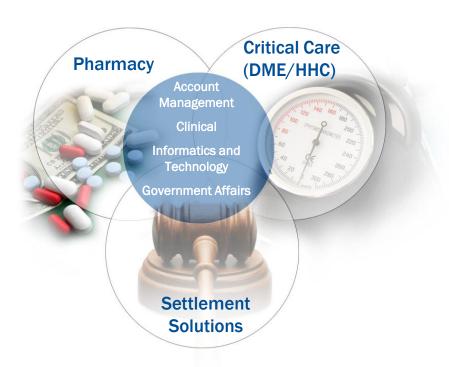


PMSI Company Overview



PMSI Company Overview – Fast Facts

PMSI has a history of providing innovative pharmacy solutions to the workers' compensation market



- Workers' compensation specialty services company
- Largest standalone workers' compensationfocused pharmacy benefit manager (PBM)
- Headquartered in Tampa, Fla.
- 670 employees
- PBM experiencing healthy growth
- Three business units supported by integrated account management, clinical, informatics, technology and government affairs functions
- Serves more than 900 clients including many of the country's largest payors and TPAs



PMSI Company Overview – Industry Challenges

PMSI's program is designed to meet the unique challenges of workers' compensation

	Group Health	Workers' Compensation
Healthcare spending	• ~\$3 Trillion	■ ~\$30 Billion
Benefit structure	 Defined benefit plan Varying levels of coverage Eligibility determined prospectively Closed network 	 Undefined benefit plan 100% medical cost coverage Eligibility determined retrospectively Open network
Clinical focus	 Primarily medical issues Chronic disease End of life care Health and wellness 	 Primarily physical injuries Pain management Appropriate use of narcotics Return claimant to work
Pain medication mix	3% of total drug spend	■ 75% of total drug spend
Key customer issues	 Healthcare reform Mandated benefits Administrative efficiency Utilization management 	 Narcotic use and diversion Limited ability to direct care Increasing severity of injuries Network/utilization management
Regulatory dynamics	Heavily influenced by federal governmentSubject to uncertainty of healthcare reform	State-based legislationInsulated from federal changes/budgetary issues

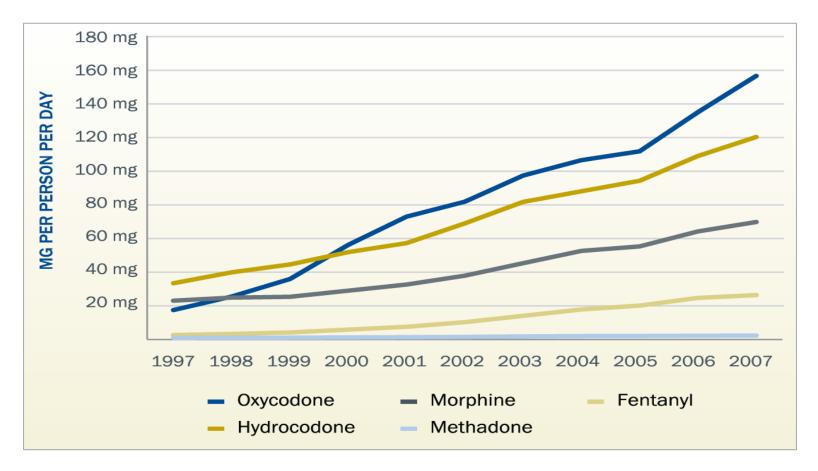


Pharmacy Spend in Workers' Compensation



Liberal Prescribing Leads to Opioid Overuse

Increase in opioid use in U.S. population



Adapted from: Substance Abuse & Mental Health Data Archive. National Survey on Drug Use and Health, 1999-2009. Retrieved from SAMHSA Data Archive Site at: http://www.icpsr.umich.edu/icpsrweb/SAMHDA/. Accessed January 4, 2012.



Opioids Increase Workers' Compensation Claims Costs

The impact of opioid use can be significant with respect to overall claims costs.

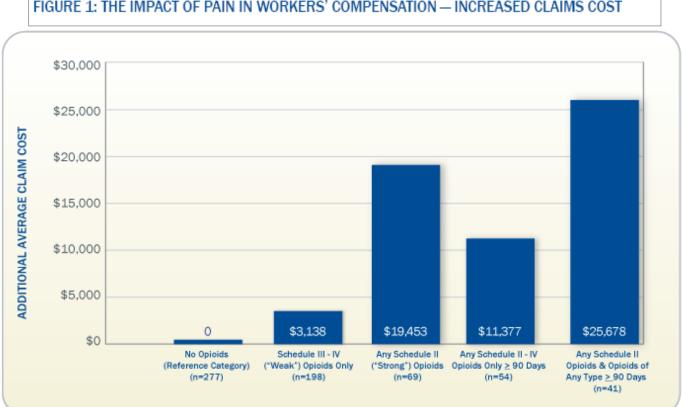


FIGURE 1: THE IMPACT OF PAIN IN WORKERS' COMPENSATION — INCREASED CLAIMS COST

Pain (Journal of the International Association for the Study of Pain), 142 (2009) 194-201, April 2009.



The Opioid Epidemic

- Sales of opioid analgesics have quadrupled between 1999 and 2010
- Opioid use has increased from 96 mg morphine equivalents per person in the US in 1997 to 710 mg per person in 2010
- From 1997 to 2007 sales have increased dramatically:
 - Hydrocodone +280%
 - Oxycodone +866%
 - Methadone +1,293%
- Extended-release opioids increased 146% from 2002 to 2009
- Immediate-release opioids increased 42% during same time period
- Workers' compensation claims involving Schedule II opioids add nearly \$20,000 to cost of claim

Pain Physician 2012; 15:ES9-ES38 • ISSN 2150-1149
Pain (Journal of the International Association for the Study of Pain), 142 (2009) 194-201, April 2009.



PMSI Cost Containment Approach



+

PMSI Cost Containment Approach

PMSI's multi-pronged approach to controlling drug costs and applying clinical expertise enables clients to better control overall pharmacy costs

	Lowest effective drug cost					
Strategy	Holistic approach to deliver the lowest possible effective unit cost to client					
pproach	2	Gain visibility of total spend and drive spend in-network; approach all spend as controllable Drive mail order when clinically appropriate				
	3	Ensure generic utilization				
	4	Offer highly competitive pricing				

Proactive clinical management

Integrated set of programs and tools to ensure clinically appropriate utilization of medication

- Assesses population risk through predictive modeling tools to identify appropriate interventions
- Customize pre-dispense controls to stop the dispensing of inappropriate medications at the point of sale
- Identify drug therapy issues as they occur escalate and intervene as necessary to prevent cost or risk escalation
- Apply intensive clinical management to complex claims to achieve long-term cost control

Superior cost containment

- Lowest net pharmacy costs
- Lower claim reserves

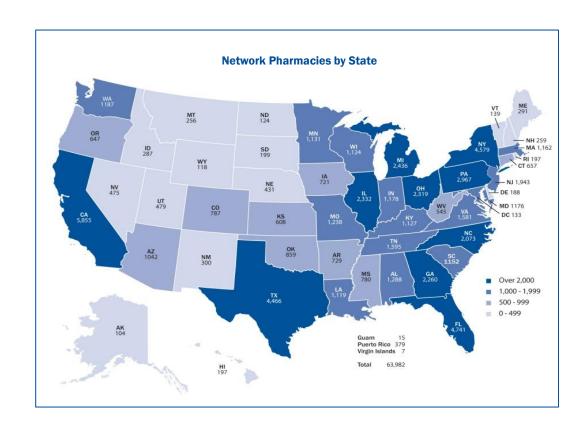
- Lowest net medical costs
- Increased ability to settle claims



Lowest Effective Drug Cost – Network Penetration

Tmesys – a retail network that is directly contracted and workers' compensation specific

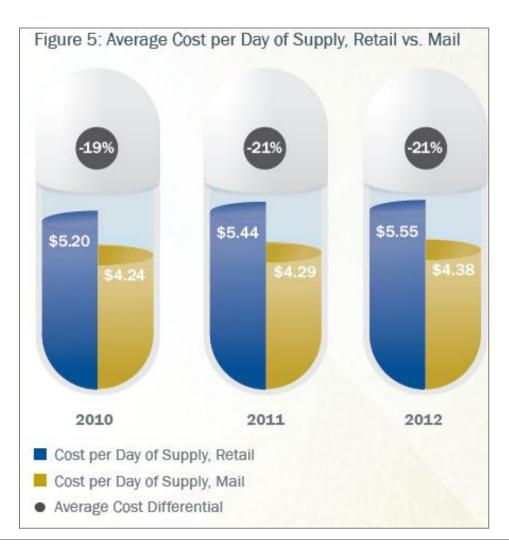
- Retail network of nearly 65,000 directly contracted pharmacies nationwide
- Owned and managed by PMSI
 - Direct relationships with pharmacies
 - Workers' compensation focused
 - Facilitates regulatory flexibility
 - Enables ability to build unique partnerships
- Managed by PMSI's proprietary, proven electronic adjudication engine
- Governed by comprehensive credentialing process and ongoing network management
- Point-of-sale edits customizable by client
- Optional specialty networks comprised of:
 - StoneRiver
 - Physician Dispensers/Repackagers
 - Compounding Pharmacies
 - Occupational Health Clinics
 - Mail Order Providers
- Extensive use of jurisdictional tools
 - CA MPN or PBN
 - NY Direction of Care guidelines
- Integrated with TalisPoint geo-mapping software
- Supported by innovative Pharmacy Cards (mail, electronic, e-health ticket)
- Includes client customizable risk-free First Fill and Samaritan Dose programs





Mail Order Continues to Drive Cost Savings

- Average mail order cost per day of supply in 2012 was approximately 21% less than the average retail cost per day of supply
- The rise in retail cost per day of supply continues to increase the average cost between retail and mail order since 2010, reaching 21% in 2011 and 2012.





Lowest Effective Drug Cost – Mail Order

PMSI's workers' compensation-specific mail order pharmacy program has been refined by years of experience—achieving 21.5% average book of business penetration rates, with some clients reaching 40%+

Workers' Compensation Industry Challenges

Ensuring appropriate candidate identification

Driving recruitment and enrollment

Providing quick, reliable prescription delivery

Ensuring safe and appropriate utilization

- Custom workers' compensation criteria that maximizes yield but ensures clinical appropriateness
 - Number of GPI iterations within the claims history
 - Minimum days since DOI
 - Minimum days spend
 - Minimum days to re-contact if refused
 - Minimum days of supply
 - Demographic factors (age, gender, language, etc.)
- Promotion of mail order only for medications associated with chronic injuries

- Team of 75 in-house employees focused on mail order
- Data scrubbing programs to access appropriate phone numbers
- Multiple outreach techniques including use of Silverlink state-of-the-art outreach technology
- Injured worker education kits
- Refill reminders as appropriate
- Customized recruitment campaigns

- Coordination of care to ensure that injured workers receive their medications when needed
- Partnership with Walgreens provides access to one of the country's largest inventory of mail order medications
- Expedited shipping as required
- Dedicated customer assistance team

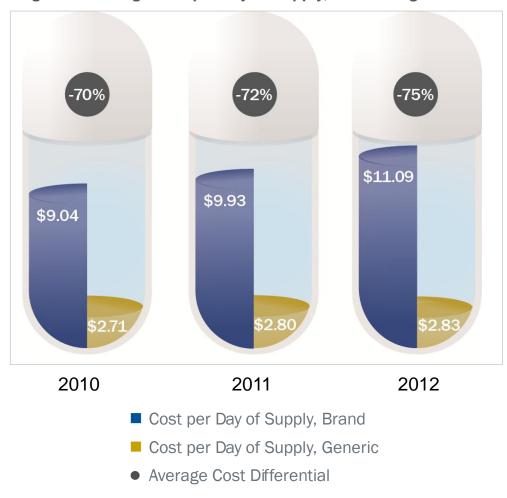
- Unified drug utilization review (DUR) program
- Unified adjudication system (retail and mail order transactions)
- Direct pharmacist interaction with physicians on selected prescriptions
- Direct collaboration with prescribing physicians to address manufacturer back-order situations
- 99.9% accuracy rate



Brand vs. Generic Cost Differentials

- Average cost per day of supply of a generic medication was \$2.83
 - -0.8% increase in the average cost per day of supply
- Approximately 75% less than the \$11.09 cost per day of supply of a brand medication
 - -11.7% increase in the average cost per day of supply

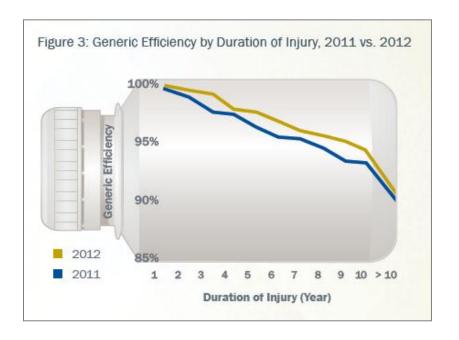
Figure 1: Average cost per day of supply, brand vs. generic

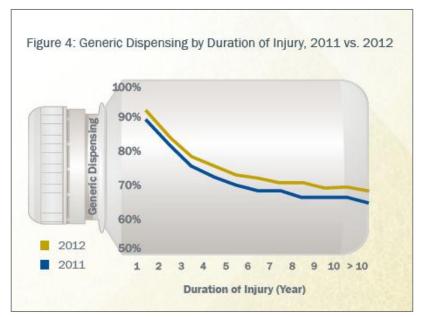




Increased Use of Generics in 2012

- Generic efficiency improved between 0.2 1.5 percentage points for all claim durations
- Generic dispensing improved between 2.2 5.8 percentage points during the same interval



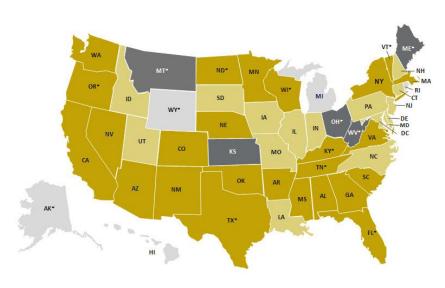




Lowest Effective Drug Cost – Generic Efficiency

PMSI has achieved high levels of generic efficiency and dispensing for our clients

Generic Mandate



- Substitution mandated
- Substitution mandated except where written statement of medical necessity, prior authorization or other requirement provided/met
- Substitution mandated except where prescriber notates DAW, DNS or similar
- Substitution not mandated

DAW = Dispense as Written
DNS = Do Not Substitute

PMSI Approach/Differentiators

- PMSI institutes point of service controls to ensure generic medications are dispensed in generic-mandatory states when not restricted by the prescribing physician
- PMSI interacts with physicians and pharmacies directly without an intermediary – this is particularly helpful in cases of medication shortages
- PMSI contacts physicians who prescribe brand medications when a generic is available (e.g., DAW 1) – average conversion rate of 15%
- PMSI has an optional program to reach out to injured workers who request brand medications (e.g., DAW 2) – new program results TBD
- PMSI has an optional Step Therapy program to drive additional savings at point of sale – new program results TBD
- PMSI generic efficiency calculations do not exclude DAW1 and DAW2 transactions



Lowest Effective Drug Cost

Strong partnerships have the ability to produce tremendous results

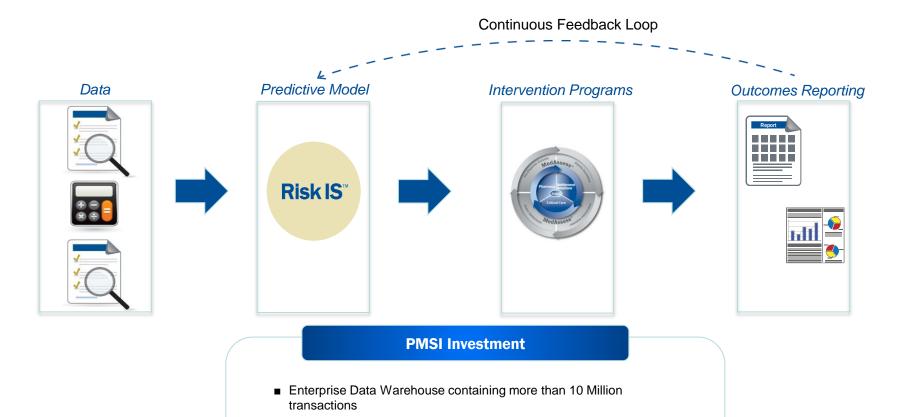
Metric	2012	2013 (YTD)	# Change	% Change
Network penetration	84.0%	89.6%	5.6 points	6.7%
Mail order penetration	11.5%	11.4%	(0.1) points	(0.01)%
Generic dispensing	79.1%	81.0%	2.1 points	2.7%
Generic efficiency	96.2%	97.4%	1.2 points	1.2%
% Savings	31.2%	34.2%	3.0 points	9.6%
Average cost per day of therapy (total) – in- and out-of-network	\$6.03	\$6.29	\$0.26	4.3%
Average cost per day of therapy (narcotics) – in-network	\$8.41	\$8.48	\$0.07	1.0%

= Minimal increases in spend metrics resulting from annual Average Wholesale Price (AWP) increases of 4% – 6%



Proactive Clinical Management – PMSI's Predictive Modeling System

PMSI uses predictive modeling to power its entire clinical program





■ 50 full-time associates – 30 for Clinical Services and 20 for Informatics

■ \$10M operating budget and \$2M annual CAPEX budget

Guided by physician advisors and other clinical experts

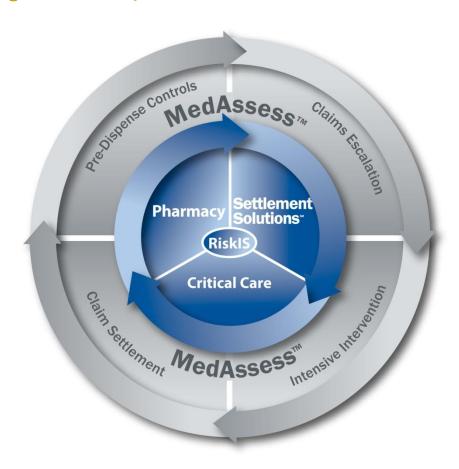
State of the art MicroStrategy reporting package

Proactive Clinical Management – PMSI MedAssess™ Overview

PMSI's MedAssess program is differentiated from programs offered by other PBMs

PMSI Differentiators

- Largest workers' compensation-focused clinical team in the industry
- Most "live" experience specific to workers' compensation
 - More than 3,500 medication reviews
 - More than 2,500 peer reviews
 - More than 500,000 targeted interventions
- First to market with many of our clinical offerings
- Recipient of numerous industry awards and recognitions
- Clinical programs can be integrated with client infrastructure and preferred partners
- Dedicated clinical liaisons who design customized programs do much more than deliver reports
- Integrated analytic platform (Risk IS) that is state of the art
- Active clinical management, not just clinical monitoring

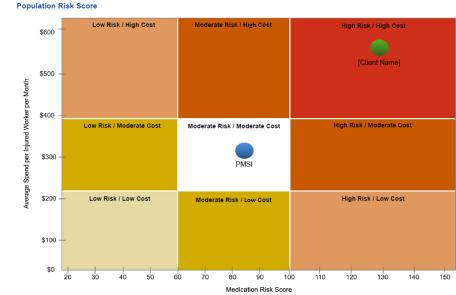




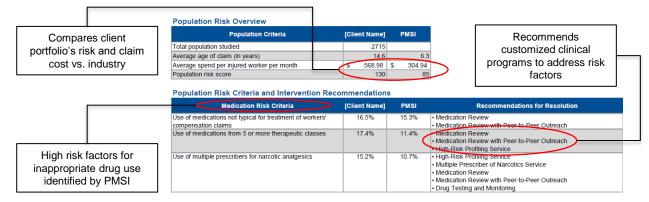
Proactive Clinical Management – Population Risk Scorecard

The Population Risk Scorecard assesses a client's risk profile to design a customized clinical program

- Proprietary Population Risk Scorecard assesses the client's risk of waste, fraud, or abuse in overall claim base
 - Benchmark health outcomes and drug costs against industry averages
 - Recommends clinical programs to mitigate risks and enable customization for clients
 - Includes analysis of 18 workers' compensation-specific clinical criteria
- Population Risk Scorecard used throughout client relationship
 - At outset for PMSI and client to understand unique risk factors of claim base and develop customized solutions
 - Every six months thereafter to monitor client's reduction of risk and cost
- PMSI recognized by industry for Population Risk Scorecard
- 2013 Innovation Award by Business Insurance magazine
- 2012 Industry Innovator Award from The Institute of HealthCare Consumerism

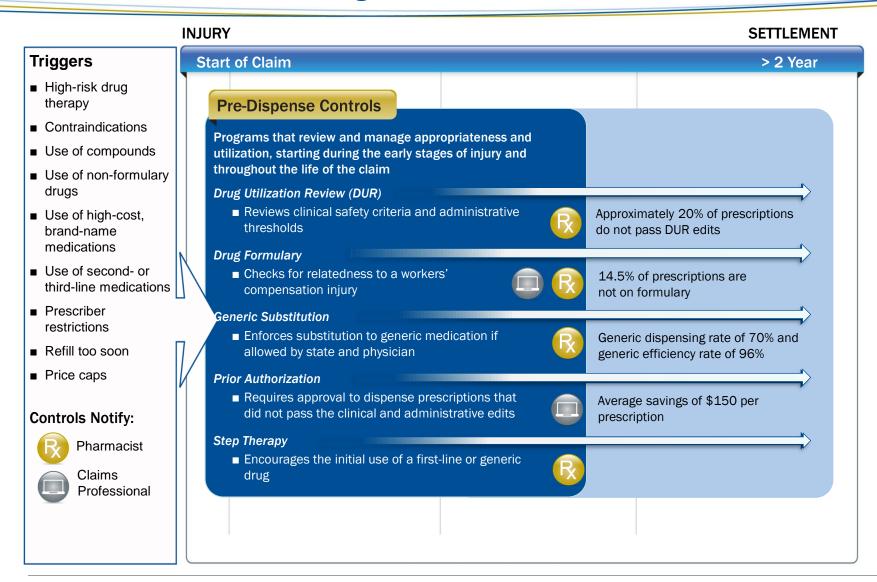


* Medication Risk is defined as the risk of medication-related poor health outcomes





Proactive Clinical Management - MedAssess Pre-Dispense Controls





Proactive Clinical Management - MedAssess Claims Escalation

INJURY SETTLEMENT 6 Month **Triggers** 3 Month > 2 Year **Claims Escalation** High-risk drug therapy Programs that address high-risk or high-cost therapy in Duplication of injured individuals therapy classes Clinical Escalation Alert ■ Use of multiple ■ Uses best practice guidelines and evidence-\$4M in program savings since prescribers for based medicine to signify a high-risk change in inception narcotics/opioids therapy or utilization that requires follow-up ■ Use of high-cost, High-Risk Profiling 43% success rate in resolving these brand-name ■ Triages high-risk claims and intervenes therapeutic issues, resulting in an medications to address concerns average annual savings of \$1,200 -Excessive duration \$1,400 per successful intervention or dose of therapy Multiple Prescriber Service 91% success in converting to a single Identifies and intervenes when opioids are being ■ DAW 1/DAW 2 opioid prescriber and 19% - 21% prescribed by more than one physician reduction in medication spend for impacted claimants **Escalations Notify:** Generic Conversion ■ Identifies and intervenes on opportunities for Acts on 7% - 15% of all prescriptions, Claims conversion to lower-cost generic medications with an average savings of \$191 **Professional** Physician



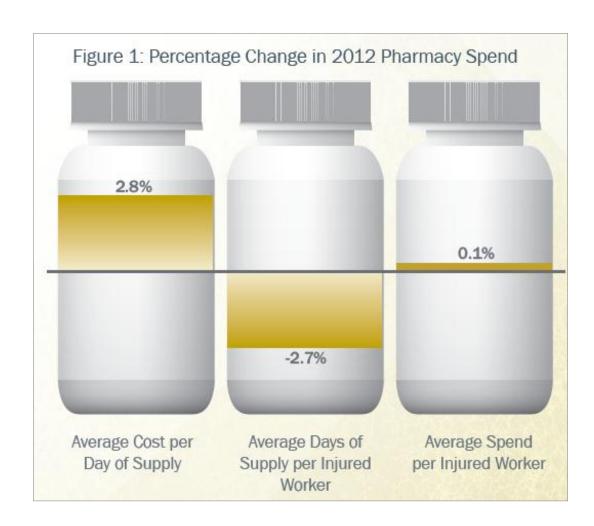
Proactive Clinical Management - MedAssess Intensive Intervention

INJURY SETTLEMENT 6 Month **Triggers** > 2 Year Predictive modeling identifies concerns **Intensive Intervention** Continued use of Programs that address chronic and complex cases that have high-risk therapy continued the use of high-risk and high-cost therapy despite prior Medication Review outreach programs Review and Analysis 64% of cases intervened upon resulted in Breach of clinical - In depth evaluation of an injured worker's therapeutic changes quidelines medication and medical record Excessive duration ■ Peer-to-Peer Outreach Average savings of 18% – 23% in total or dose of therapy - Collaboration with prescriber to discuss drug spend realized 180 days post identified issues and recommendations for Heavy opioid use intervention resolution - 7:1 return on investment realized by Suspicions of ■ Nurse Progress Monitoring clients using PMSI's Peer-to-Peer service inappropriate drug - Ongoing follow-up by clinical nurse after peer use, dependence or outreach to drive successful intervention addiction **Drug Testing and Monitoring** Identifies candidates and coordinates drug testing and monitoring to facilitate **Intervention Requires** compliance with care plan Action by: Claims **Professional** Physician



2011 vs. 2012 Changes in Average Spend

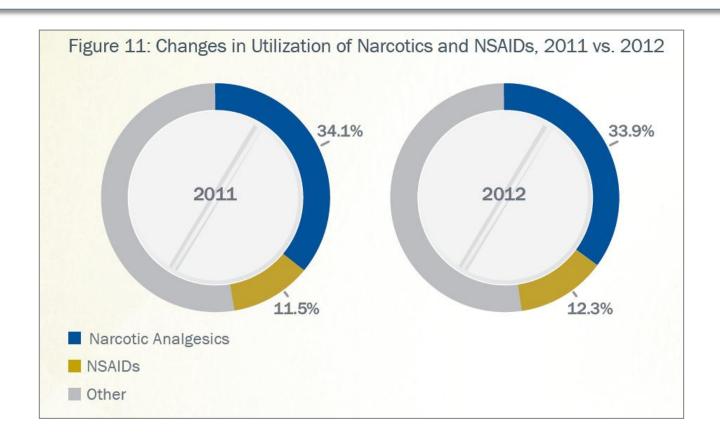
- Average spend per injured worker was flat compared to 2011
- Driven by an increase in average cost per day of supply of 2.8%
- Offset by a 2.7% decrease in average days of supply per injured worker





Changes in Narcotic Utilization

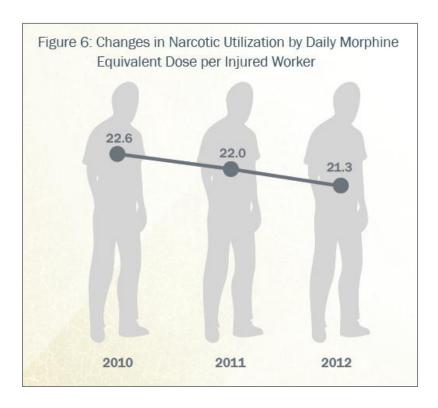
- Utilization of narcotic analgesics decreased 0.2% from 2011 to 2012, while NSAIDs' utilization increased 0.8% from 2011.
- Shift to less-expensive generic NSAIDs as first-line anti-inflammatory medications

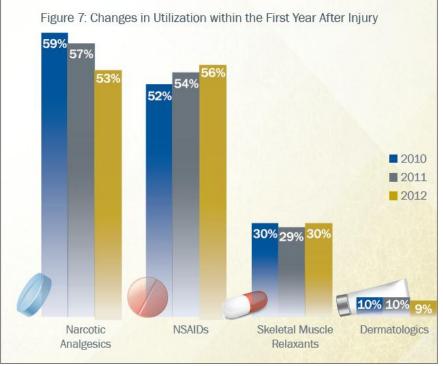




Decreased Narcotic Utilization in 2012

- Narcotic utilization per injured worker decreased 3.2%, as evidenced by the decrease in the daily morphine equivalent dose (MED) in 2012
- Additionally, the use of narcotics within the first year of injury declined 7%







Why PMSI?



Why PMSI? – Key Differentiators

PMSI's key differentiators help us to build unique programs for our clients

PMSI Differentiators Value to Client ■ Customized program design A culture of innovation and service – delivers high levels of customization and customer satisfaction ■ High injured worker satisfaction ■ State-of-the-art program <u>High levels of network penetration</u> – driven by direct network ■ 90%+ network penetration 2 management, collaborative relationships with key partners and No risk of network disruption innovative out-of-network solutions Broad access for injured workers ■ 20%+ mail order penetration Industry-leading mail order penetration rates - driven by a workers' 3 compensation-specific program and a strong focus on customer/injured High injured worker satisfaction worker collaboration and service ■ Customizable by client /employer Clinically based, data-driven program – focuses on prospective, ■ Evidence-based guidelines 4 concurrent and retrospective approaches to utilization control, targeted ■ Workers' compensation-specific expertise ■ Customizable at all levels to easily integrate with intervention and care management clients' infrastructures ■ Deep understanding of cost and utilization Comprehensive reporting and real-time claims management tools -5 enables insight into key cost and utilization issues early in the claims ■ Convenience for program stakeholders and lifecycle participants Reduced administrative burden



Why PMSI? – Extensive Experience

PMSI's experience gives us the capabilities needed to serve our clients

- Unique network approach that maximizes penetration and provides control and stability
- Proactive, aggressive clinical intervention program tailored to fit our clients needs
- Client-centric account engagement that touches all points of the program
- Highly adaptable and streamlined implementation program
- Best in class clinically managed mail order program
- State-of-the-art technology and reporting tools that are designed for ease of use
- Client relationship is a "partnership" rather than a business transaction
- Experience in implementing TPAs and delivering a market-differentiated program



Questions and Answers



PMSI-THE ONLY SOLUTION YOU NEED

Founded in 1976, PMSI is a leader in developing solutions to control the growth of medical costs in workers' compensation while achieving maximum health outcomes. As one of the nation's largest and most experienced companies focused solely on workers' compensation, we deliver proven solutions for injured worker care across the claims lifecycle. PMSI's Pharmacy, Critical Care, and Settlement Solutions products deliver quantifiable results and improve the quality of care for injured workers. We provide our customers with the innovation, focus, expertise, analytics and technology needed to successfully and cost effectively deliver workers' compensation benefits.

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Pharmacy Critical Care Settlement Solutions

