

## Contractors killed and paralyzed due to lack of seatbelt use

### Click, tug and snug to avoid injury

This summer an alarming number of contractors were killed, paralyzed or seriously injured in motor vehicle accidents because they weren't wearing their seatbelt. Seatbelts may seem like a nuisance while getting in and out of your vehicle during deliveries but the few seconds it takes to buckle up could save your life. **You deliver every day. Make sure your most important delivery is getting yourself home safely.**

#### THE FACTS:

- **33%** of light-truck occupants involved in fatal crashes were unrestrained.
- **Only 1%** of drivers reported to have been using seatbelts were totally ejected during an accident, compared to 31% of unrestrained drivers.
- From 1975 through 2011, the National Highway Traffic Safety Administration estimates that seatbelts have **saved more than 290,000 lives.**
- **It's the law:** 49 states and the District of Columbia require you to wear seatbelts. Violations will appear on your driving history and remain there for three years.

#### THE SOLUTION: CLICK, TUG AND SNUG

Follow these steps to make sure you are buckling up properly:

1. **Click** the seatbelt.
2. **Tug** the shoulder belt across the middle of your chest and away from your neck. Adjust the lap belt across your hips below your stomach.
3. Pull on the seatbelt to make sure it's **snug**.
4. **NEVER** put the shoulder belt behind your back or under your arm. The seatbelt may not properly lock in place if there is an impact.

#### TAKE THE PLEDGE:

Commit to delivering yourself home safely and sign our pledge to buckle up at all times. Everyone who takes the pledge will receive a free gift from Protective. Visit <http://protectiveinsurance.com/loss-prevention/Pages/seatbelt.aspx> to sign!



► Watch the crash test at <http://protectiveinsurance.com/loss-prevention/Pages/seatbelt.aspx>.